





Welcome to 5784 at at TBE!

The dawn of a new year, 5784 in the Jewish calendar, offers great promise for Temple Beth El. Our clergy and lay leadership have been working on plans that build a bright future, one with more opportunities for you to engage in the many aspects of synagogue life, that bring us together as a strong and welcoming community of Conservative Judaism.

We look forward to celebrating these upcoming holidays with you and your families, because you are what makes us a congregation. It's not the building, or the clergy, or the board, or the religious school. It's the people who come together to share in the values of our Jewish community, uphold our traditions, and work to make our community and our world a better place. We've planned to provide a variety of High Holy Day services and activities that will offer opportunities for everyone-to pray, observe, meditate and reflect in a way that is meaningful to them. Please take a few minutes to read through this booklet to find what appeals to you.

An extra special Selichot service will kick off the High Holy Days on Saturday, September 9th. Our traditional High Holy Day services will take place in the main sanctuary, with alternative services and/or programs for young adults (20's & 30's), teens and youth and family.

If you are unable to join us in person, we will stream services from the main sanctuary and Zoom from the Chapel. Links will be posted on our website.

All of the details for High Holy Days observances at TBE are listed in the pages ahead. We are here to help you prepare for the Holy Days. Please contact the office for more information and answers to your questions at 585-473-1770.

L'Shanah Tovah Tikatevu!





HIGH HOLY DAY SCHEDULE

Main Sanctuary

SELICHOT

SATURDAY. SEPTEMBER 9

6:30 pm	.Mincha Service
7:00 pm	.Seudah
8:00 pm	.Ma'ariv
8:15 pm	. Havdalah (conclusion of Shabbat)
8:30 pm	Selichot Service

ROSH HASHANAH

EREV ROSH HASHANAH FRIDAY, SEPTEMBER 15

6:00 pm..... Mincha & Ma'ariv 7:02 pm...... Candle Lighting

ROSH HASHANAH DAY 1 SATURDAY, SEPTEMBER 16

8:30 am..... Shacharit 9:40 am..... Torah Service 11:00 am Hineni Musaf 11:30 am...... Sermon 6:30 pm..... Mincha 7:00 pm..... Seudah 7:45 pm..... Ma'ariv 8:01 pm...... Candle Lighting

ROSH HASHANAH DAY 2 SUNDAY, SEPTEMBER 17

8:30 am..... Shacharit 9:40 am..... Torah Service 10:40 am..... Shofar Service 11:00 am Sermon 11:45 am...... Hineni Musaf 1:00 pm Kiddush Lunch 5:30 pm..... Tashlich at Lake Riley 6:00 pm...... Mincha at Lake Riley 7:59 pm Holiday Ends

FAST OF GEDALIAH

MONDAY, SEPTEMBER 18

5:41 am	Dawn Fast start
7:30 am	Shacharit
6:00 pm	Mincha
7:47 pm	Fast Over

KOL NIDRE

YOM KIPPUR

SUNDAY, SEPTEMBER 24

6:30 pm	. Kol Nidre Service
6:46 pm	. Candle Lighting

MONDAY, SEPTEMBER 25

10:20 am...... Torah Service

12:40 pm...... Hineni Musaf

3:00 pm Study Session with Rabbi Bitran

4:00 pm Study Session with Josh Klein

7:45 pm..... Concluding Shofar Blast

Break Fast

9:00 am Shacharit

11:45 pm..... Sermon

12:15 pm...... Yizkor

5:00 pm Mincha

6:15 pm..... Neila

in the Sanctuary will be available to stream at www.tberochester.org /live-stream/

All Services taking place

SELICHOT: AN EVENING FOR THE SOUL

SATURDAY, SEPTEMBER 9

6:30 pm...... Mincha Service

Featuring Hazzan Jonathan Kohan, Rabbi Leonardo Bitran, Jonathan Allentoff and the Temple Beth El Strings & Choir

7:00 pm	Seudah
8:00 pm	Ma'ariv
8:15 pm	Havdalah (conclusion of Shabbat
8:30 pm	Selichot Service
	Memorial Plaque Dedication
	Dessert Reception

Sponsored by the Sheinfeld and Gorin Families in Memory of Trudy & Al Sheinfled z"l



CANTOR JONATHAN KOHAN

Born in Buenos Aires, Jonathan Kohan is an ordained Cantor and Jewish Studies Professor from the Latin American Rabbinical Seminary "Marshall T Meyer". Since 2003, Jonathan has been serving as Cantor and Jewish Studies Professor in several congregations and schools in Argentina and the US, and since 2020 is the Director of the Cantorial Institute of the Seminary. Also a synagogue music composer, Cantor Kohan was one of the two finalists of the Anshe Emet Synagogue Cantorial Search in 2021, and the same year was Visiting Scholar in Holocaust Music of Clark University (Worcester, MA). He has a degree in Psychology from the University of Buenos Aires, and was a fellow of the Yad Vashem Holocaust Institute of Israel. Cantor Kohan is currently finishing his Rabbinical Studies at the Buenos Aires Seminary and his Masters in Jewish Studies in the Hebraica University of Mexico, and has performed and lectured about Jewish Music in Argentina, Europe and the US. He is currently the High Holiday Cantor for Chicago Loop Synagogue.

Streaming available at www.tberochester.org/ live-stream

HIGH HOLY DAYS 5784 | 2023 | TEMPLE BETH EL



SCAPE GOAT YOGA

SUNDAY, SEPTEMBER 10 | 12:30 PM NEW THIS YEAR—AT TEMPLE BETH EL!

A yoga teacher leads a class of humans while goats interact with the yogis. This will not only improve your physical and mental health but also offers a way to connect with the world around you.

Our goat yoga class will be infused with Jewish learning about the High Holy Days.

Registration Required. Free of Charge



KEVER AVOT (CEMETERY) VISITS WITH RABBI BITRAN & HAZZAN KOHAN

SEPTEMBER 10 MOUNT HOPE | 1-2 PM BRITTON ROAD | 2:30-3:30 PM WHITE HAVEN | 4-5 PM

Jews worldwide mark the approaching High Holy Days with annual visits to the graves of departed loved ones.

An ancient custom, Kever Avot, literally "graves of the fathers," dates almost as far back as Jews themselves.

Rabbi Bitran will recite graveside prayers.

TEMPLE BETH EL | HIGH HOLY DAYS 5784 | 2023 | TEMPLE BETH EL

USHER IN THE NEW YEAR WITH A "SWEET" GIFT OF **APPLES & HONEY!**

Please consider making a contribution of \$54 to sponsor the annual Apples & Honeycake for the congregation. This is a wonderful way to wish friends, family, and TBE members a joyous New Year. Please make checks payable to Temple Beth El, 139 Winton Road South by September 1, 2023.



Yes, I (we) would like to wish the entire Temple Beth El family a Shanah Tovah! Name(s) (as I/we would like to be listed).

Traine(s) (as it we woold like to be listed).				
Phone:	Email:			
Enclosed is my \$54 check to Temple Beth El				

Forms available online at www.tberochester.org/hhd/

LULAV & ETROG

To order a Lulav & Etrog simply return the form below with your payment to the Temple Office by September 1. You may pick up your Lulav and Etrog at the Temple Beth El Office September 27 & 28.

Name		
Address		
Phone:	Email:	
I/We want	set(s) of Lulav and Etrog at \$54.00 per set (Total \$	_)

Please make checks payable to Temple Beth El Questions? Call 585-473-1770.

Forms available online at www.tberochester.org/hhd/





HIGH HOLY DAYS 5784 | 2023 | TEMPLE BETH EI

CONGREGATION& FAMILY TASHLICH

SEPTEMBER 17 | 5:30 PM | LAKE RILEY

Join TBE members as we cast off our sins together followed by Mincha.

20/30 SOMETHINGS TASHLICH

SEPTEMBER 21 | 7 PM | CANAL IN PITTSFORD

Join 20/30 Somethings as we cast off our sins together in discussion with Rabbinical Student, Josh Klein.





RABBI LEONARDO BITRAN

Rabbi Bitran grew up at the
Sephardic Synagogue in Santiago,
Chile. Influenced by his parents and
religious leaders he began leading
religious services on Shabbat and
High Holy Days at Bar Mitzvah
age. He attended the School of
Economics at the University of
Chile, the Seminario Rabinico
Latinoamericano in Buenos Aires
and The Jewish Theological
Seminary of America in New York.

He has served as Senior Rabbi at Temple Beth El since 2013.

Leading Services in the Main Sanctuary



CANTOR EMERITA AUDREY ABRAMS

Cantor Abrams, daughter of Marvin and Annette Eisenstein z"l, grew up at Temple Beth El in Rochester, New York. She has a B.M. in Music Therapy from Michigan State University and an M.A. in Music Education and Therapy from the University of Minnesota. She received her cantorial certification from Hebrew Union College in 2001. She has served in a variety of capacities and has led High Holiday services at Beth El Synagogue in Minnesota for the past 32 years! Cantor Abrams is very involved in the Institute for Jewish Spirituality and is a Mussar/Tikkun Middot facilitator.

Guest Cantor in Main Sanctuary and Alternative Services

ROSH HASHANAH ROSH HASHANAH DAY 1

Apples & Honey Cake will be served under the awning outside following services. Sponsored by all who contribute to Apples & Honey. (List to be displayed on Holy Days)

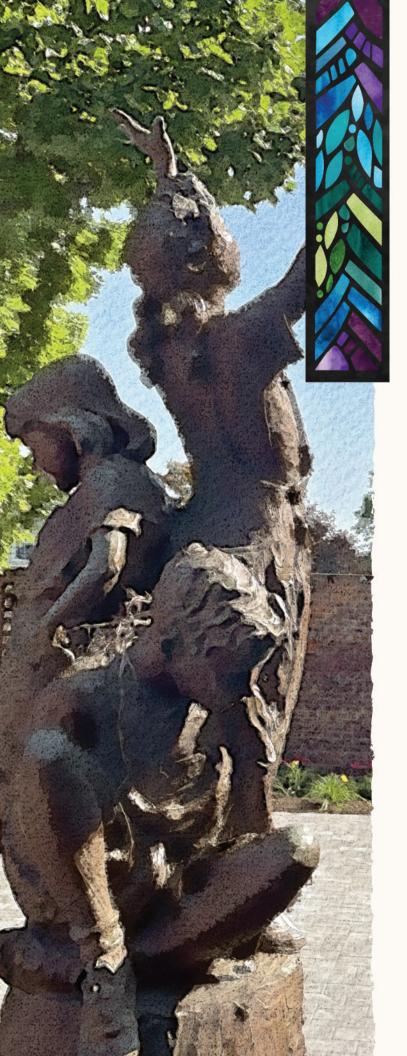
ROSH HASHANAH DAY 2 Kiddush lunch following services.

All are welcome for a complimentary holiday lunch.

YOM KIPPUR

MONDAY, SEPTEMBER 25
Break Fast following the concluding Shofar blast at 7:45 pm.

TEMPLE BETH EL | HIGH HOLY DAYS 5784 | 2023 | TEMPLE BETH EL



HIGH HOLY DAY SERVICES AND ACTIVITIES FOR YOUTH & FAMILIES

ROSH HASHANAH

SATURDAY, SEPTEMBER 16 SUNDAY, SEPTEMBER 17

Young Family Service 10:00–10:30 am Snack & Activity 10:30–11:00 am Appropriate for children ages pre-k to 2nd grade

Youth & Family Service 10:30–11:30 am Appropriate for children ages 3rd–6th grade

YOM KIPPUR

MONDAY, SEPTEMBER 25

Young Family Service 10:00–10:30 am Snack & Activity 10:30–11:00 am Appropriate for children ages pre-k to 2nd grade

Youth & Family Service 10:30–11:30 am Appropriate for children ages 3rd–6th grade

SUKKOT

SATURDAY, SEPTEMBER 30 SUNDAY, OCTOBER 1

Young Family Service 10:00–10:30 am Snack & Activity 10:30–11:00 am Appropriate for children ages pre-k to 2nd grade

Youth & Family Service 10:30–11:30 am Appropriate for children ages 3rd–6th grade

EREV SIMCHAT TORAH SATURDAY, OCTOBER 7

Youth & Family
Simchat Torah Service & Celebration 7:15 pm
Appropriate for all ages
Ice cream to follow

Youth & Family Services will be lead by Jacqui Lipschitz.

A parent-staffed break room will be available for youth and families during all holidays with curated holiday appropriate activities for those needing a break from services.

Note: 7th graders are encouraged to attend services in the main sanctuary.

Teen topics: Teens are invited to meet and mingle 11:30–12:30 for informal reflection and conversation.

Locations for all services will be posted in the lobby and announced via email prior to the High Holy Days.

For more information on youth and family services and programs, contact Mandi Warner at mwarner@tberochester.org or call 473-1770.

BABYSITTING

Complimentary babysitting is available for children ages 18 months to 7 years old at the following times:

Rosh Hashanah (both days)9:30 am-1 pm

Yom Kippur9:30 am-2 pm 5 pm-7:45 pm

Registration is required. Please sign up by September 10, 2023. Forms are available at www.tberochester.org.





YOUNG ADULTS (20's & 30's)

Gather in the garden tent for a guided holiday discussion led by Rabbinic Student Joshua Klein

ROSH HASHANAH

SATURDAY, SEPTEMBER 16 SUNDAY, SEPTEMBER 17 11:30 am-12:30 pm

YOM KIPPUR

MONDAY, SEPTEMBER 25 11:30 am-12:30 pm

TASHLICH

THURSDAY, SEPTEMBER 21 10 SCHOEN PL, PITTSFORD, NY 14534

7 pm

Tashlich followed by drinks and discussion. First Round of drinks on Temple Beth El.

All are welcome to join for services before and/or after.

There is no cost to attend. Register online at therochester.org.

For more information call the Temple office at 473-1770 or check our website at www.tberochester.org.



ROSH HASHANAH

SATURDAY, SEPTEMBER 16 SUNDAY, SEPTEMBER 17 9 am-noon.......Alternative Musical Ser-

9 am–noonAlternative Musical Services led by Sam Asher

YOM KIPPUR

MONDAY, SEPTEMBER 25

9 am–noonAlternative Musical Services led by Sam Asher



SAM ASHER

Sam Asher has worked as a Cantor, College Hillel Chaplain, and spiritual leader in Rochester for over 30 years. He measures his success by two criteria: how much people take joy in the prayers and how much people participate. Sam has been deeply involved with Jewish music all of his life, founding the Rochester Jewish Chorale in 1991, being selected the first artist-in-residence for the people2people exchange with Modiin, as artist-in-residence for the National Havurah Institute, as well as leading many Shabbatons, classrooms, and workshops. Sam has taken it as a personal mission to give voice to Oriental Jewish music—Sephardi, Mizrahi, and Yemenite—in the synagogue and via his band, Farah. Many of Sam's original liturgical settings can be found at https://soundcloud.com/sam-asher/sets/alive-jewish-music. If you attend one of Sam's services, be prepared to sing.

Leading Alternative Musical Services live and on zoom



JOSHUA KLEIN

Joshua Klein is in his fourth year of rabbinical school at the Schechter Rabbinical Seminary in Jerusalem. Originally from South Florida, Joshua studied engineering at George Washington University and then moved to Madison, Wisconsin to work in healthcare software. After 5 years in that field, Joshua realized his true passion was in Jewish learning and community building, yet as a rabbinical student he still relies often on his engineering mindset and work experience. In his first two years of rabbinical school, Joshua was a JOIN for Justice Rabbinic and Cantorial Leadership for Public Life Fellow, a founding steering committee member of the Jewish Climate Coalition, a rabbinic intern at Dayenu: A Jewish Call to Climate Action, and he taught several Zoom classes for young adults. Joshua is also a Gradstein Entrepreneurial Rabbinic Leadership Fellow. In his spare time, Joshua enjoys cooking, rock climbing, reading, writing, and wandering in museums or nature.

Leading 20/30's Discussions on Rosh Hashanah and Yom Kippur, afternoon Study Session on Yom Kippur and 20/30's Tashlich



SUKKOT SCHEDULE

SUKKOT

EREV SUKKOT FRIDAY, SEPTEMBER 29

6:00 pm...... Mincha & Ma'ariv 6:37 pm..... Candle Lighting 7:00 pm..... Dinner in the Sukkah

FIRST DAY OF SUKKOT SATURDAY, SEPTEMBER 30

9:00 am Shacharit
12:00 pm Kiddush Lunch in the Sukkah
6:00 pm Mincha
6:30 pm Seudah in the Sukkah
7:36 pm Ma'ariv/Shabbat ends

SECOND DAY OF SUKKOT SUNDAY, OCTOBER 1

9:00 am Shacharit 12:00 pm Kiddush Lunch in the Sukkah 6:00 pm Mincha 7:34 pm Holiday Ends

KOL HOMED SUKKOT MONDAY, OCTOBER 2-THURSDAY, OCTOBER 5

7:15 am Shacharit 6:00 pm Mincha & Ma'ariv

CONCLUDING DAYS OF SUKKOT

HOSHANAH RABBAH FRIDAY, OCTOBER 6

7:00 am..... Hoshanah Rabbah

EREV SHEMINI ATZERET FRIDAY, OCTOBER 6

6:00 pm Mincha & Ma'ariv 6:24 pm Candle Lighting

SHEMINI ATZERET SATURDAY, OCTOBER 7

9:00 am Shacharit 11:00 am Yizkor 12:00 pm Kiddush Lunch in the Sukkah

EREV SIMCHAT TORAH SATURDAY, OCTOBER 7

SIMCHAT TORAH SUNDAY, OCTOBER 8

9:00 am Shacharit 9:45 am Hakafot (Torah Parade) 12:00 pm Kiddush Lunch 6:00 pm Mincha 7:23 pm Holiday Ends

RAISE THE SUKKAH WITH MEN'S CLUB

SEPTEMBER 26 | 9:30 AM

Help frame the Sukkah and add the schach (roof) with the Men's Club Join our "construction crew" and be part of this important mitzvah.

FAMILY SUKKAH DECORATION

SEPTEMBER 27 | 4-6 PM

Come create and hang decorations in our Sukkah while enjoying snacks with your friends. All ages welcome!

TAKE DOWN THE SUKKAH WITH MEN'S CLUB

OCTOBER 9 | 9:30 AM

Help take down the Sukkah with the Men's Club.

SHABBAT DINNER IN THE SUKKAH SEPTEMBER 29 | 6 PM Join Temple Beth El to welcome Shabbat under the sky with a Kabbalat Shabbat Service in the chapel and dinner in the Sukkah.

SIMCHAT TORAH FAMILY CELEBRATION

OCTOBER 18

6:00 PM Services 7:00 PM Dinner

Registration Required at www.tberochester.org/events

Celebrate Simchat Torah with your family and friends at Temple Beth El.

6:00 PM Mincha 6:30 PM...... Seudah

7:15 PM Family Celebration & Maariv

7:23 PM Shabbat Ends



HIGH HOLY DAY REGISTRATION

Registration is required for non-members.

SIGN UP BY SEPTEMBER 10, 2023 at: https://www.tberochester.org/pray/hhd

To register for guests or family members please complete and return this form to the Temple Office.

Name		
Address		
City/State		_ Zip
Phone #	_ Email:	
Name		
Address		
City/State		
Phone #	_ Email:	
Name		
Address		
City/State		
Phone #	_ Email:	
Name		
Address		
City/State		
Phone #		



MEMBERSHIP INFORMATION

Temple Beth El has been committed to serving our community's religious, social and cultural and Jewish education needs for more than 100 years. If you would like to join the Temple Beth El community please contact our Executive Director, Deborah Zeger, or download a membership application at www.tberochester.org

L'Shanah Tovah Tikatevu!

We Wish you a Happy New Year!

Rabbi Leonardo Bitran & Silvana Bacman Deborah & Mark Zeger Hazzan Emeritus Martin Leubitz & Lisa Kasdin Mandi & Paul Warner Matt & Erinn Ryen Roberta & David Feldman Aviva & Arie Schochat Martin & Lina Spokony Evan & Monique Spindelman **Howard & Rachel Goldberg** Gerald Gamm & Charles Towles Abe & Tracie Glazer Lisa & Dan Tellem



As we approach the High Holy Days, please consider contributing to our annual High Holy Day Appeal.

This is more than just a request for financial support, which we rely upon as a non-for-profit organization. It's also an opportunity for you to perform the mitzvah of Tzedaka, the religious obligation to do what is right and just, which Judaism emphasizes as integral to living a spiritual life.

Among performing deeds of justice, Tzedaka is perhaps the most important obligation Judaism imposes. The Talmud teaches that Tzedaka is equal to all the other commandments combined, and one who gives tzedaka is acting righteously.

Your support also makes it possible for us to provide ongoing services and programs to the congregation and to the community. Whether you attend services regularly or occasionally, celebrate holidays at Temple or at home, have simchas or sorrows, your Temple Beth El community is here for you every day. We hope you will consider joining us more often this year, for daily minyan, Shabbat services, classes with Rabbi, Shabbat Dinner, Hanukkah party and candle lighting, Purim Megillah reading, Passover Seder—whatever appeals to you most.

We all have our own traditions at this time of year, please consider making Tzedaka, through a contribution to Temple Beth El's High Holy Day Appeal, one of yours.

You can make your High Holy Day Appeal contribution online at **www.tberochester.org/support** or by returning the pledge card you receive in the mail.

TEMPLE BETH EL | HIGH HOLY DAYS 5784 | 2023



139 Winton Road South Rochester, NY 14610



SENIOR STAFF

Leonardo Bitran Senior Rabbi *lbitran@tberochester.org*

Martin Leubitz Hazzan Emeritus

Deborah Zeger Executive Director dzeger@tberochester.org

Mandi Warner Youth & Family Director mwarner@tberochester.org

OFFICERS 2023-24

Matthew Ryen President

Roberta Feldman Vice President

Aviva Schochat Vice President

Lina Spokony Vice President

Evan Spindelman Treasurer

Howard Goldberg Secretary

Gerald Gamm Officer at Large

Abe Glazer Officer at Large

Lisa Tellem Officer at Large

Martin Spokony Immediate Past President

ADMINISTRATIVE OFFICE HOURS

Monday-Thursday Friday 8:30 am-6:00 pm 8:30 am-3:00 pm

Phone 585.473.1770

Carol Konuksever

Reception/Admin. Asst. ckonuksever@tberochester.org

Lori Donnelly Youth & Family Assistant Director Idonnelly@tberochester.org Suzie Syracuse
Finance & Facility Supervisor
ssyracuse@tberochester.org

EDUCATION OFFICE

Phone 585.473.1190